

West End House Camp Packing List

The Packing List below details the clothing and equipment that will be needed at camp. The list is only a suggested guide. Substitutions can be made for individual preferences and age appropriateness. All items brought to camp must be clearly marked with the camper's name. All medicines, vitamins, and other over the counter medications such as melatonin must be clearly labeled and kept in the camp Health Center. WEHC is not responsible for any lost property.

Required

Bedding

- Pillow
- 2 pillow cases
- Sleeping bag or blankets
- 2 Twin sheet sets

Clothing

- 8-10 pairs of underwear
- 8-10 pairs of socks
- 7-9 short sleeve t-shirts (1/2 white or light and 1/2 dark)
- 1 white and 1 blue WEHC shirt (purchased through AmeraSport)
- 2-3 long sleeve t-shirts
- Pajamas (2 sets warm and 2 sets cool weather)
- 2 pairs of sneakers
- 7-9 pairs of shorts
- 2-3 bathing suits
- 1 pair flipflops/Crocs/sandals
- 2 pairs of long pants (1 being blue jeans for weeks 7-8 ONLY)
- 2-3 sweatshirts
- 2 pairs sweatpants
- Raincoat
- Fleece style jacket

Toiletries

- 2 shower towels
- 2 swim/lake towels
- Deodorant
- Shampoo
- Soap
- Comb/brush
- Toothbrush and toothpaste

Other

- **Laundry bag with name on it
- Sunblock
- Insect repellent
- Writing materials (stationery, envelopes, pens and stamps)

Recommended/Optional

- 2 dishwasher safe water bottles
- Sunglasses
- Flashlight and extra batteries
- Shower caddy
- Bath mat/rug
- Battery/plug in personal fan
- Clock radio
- Nail clippers
- 2nd pair of prescription glasses, if worn
- Deck of cards
- Games
- Mattress cover
- Small plastic snack bin
- Baseball glove and hat
- Cleats and basketball sneakers
- Music player without screen
- Tennis racket
- Books
- Musical instrument (optional)

COVID-19 Related

- We will provide disposable masks
- We will provide a WEHC mask chain
- 10-12 washable masks (if you prefer your own)
- Mask chain (if you prefer your own)

Mandatory Documents

- Updated campers Health History form (CampDoc)
- Camper physical, within last 12 months (CampDoc)
- Proof of negative COVID PCR test (4-5 days prior to camp)

Laundry is done once a week by an outside service



Prohibited

Each camper is provided with ample storage space for his belongings. Please do not send *large* extra storage containers or drawer units, as there is no space for these items. Small organizers are acceptable. We appreciate your understanding.

All luggage gets put in storage after campers unpack.

Also, please do not send or allow your camper to bring any of the following items to camp:

- Any type of toy gun (including foam, water, dart)
- Knives (including Swiss Army or Boy Scout types)
- Any type of weapon (including mini baseball bats)
- Any type of tobacco product, drugs, or alcohol

Electronics Policy

One of the ways we provide positive experiences for our campers is by limiting electronics in our camp environment, thereby encouraging our campers to socialize through traditional camp activities. We thank you in advance, for your cooperation with and support of these policies.

Any item that makes phone calls, accesses the internet, or has screen content of any kind (games, videos, etc.) is not permitted at camp. Examples of prohibited electronics:

NO

- X Any electronic device that contains games or video content
- X DVD Player
- X Laptop Computer
- X Handheld video gaming systems
- X Video Camera
- X Apple Watch, or any other “smart” watch
- X Cell phone or tablet
- X iPod Shuffle or Nano, or other screenless music player
- X Tablet/E-Reader (Kindle, Nook, etc.)
- X Disposable Camera
- X Digital Camera



NOTES:

1. Camp is not responsible for replacing electronic devices brought to camp, as they are not allowed to begin with.
2. If any prohibited items are brought to camp, we will collect them and return them at the end of the session
3. Parents, please help us by making sure you have your son's phone before he comes to camp (*Gottlieb - 15 year olds are exception*).

